

# PAD A CHEEK<sup>®</sup>

## Mask Liner



### Nasal F

Zest Q, Mirage Micro, Ultra Mirage II Nasal F&P 405, 406, 407

**Extra Padding Included**  
**tuck into the pocket if needed**

- Remove the headgear from the mask, and lay the [Mask Liner](#) out (Photo #1).
- Lift up the sewn strap (with the hole of the mask down) and put the forehead part under it (Photo #2).
- Pull the “legs” up and attach the Velcro loop sections to the hook sections (Photos #3).
- Put the forehead pad pockets over the mask forehead support (Photo #4).
- Smooth the mask liner over the seal (Photo #5).
- Reattach the straps to the mask- if necessary put the upper straps through the holes in the edges of the forehead pad.

**Make certain no exhalation vents are covered** with the [PAD A CHEEK- Nasal Mask Liner](#). –

Note: You may need to cut the hole larger to accommodate your nose, do this with sharp scissors a little bit at a time. **It is very easy to get the hole too large.**

1



2



3



4



5



The [PAD A CHEEK Mask Liner](#) is made from 100% polyester (micro fleece and micro fiber), and can be machine or hand washed with warm water. If you have any questions, please contact me.

Designed and Sewn in the USA